

# PAM REESE, RN

SPEAKER, AUTHOR, POST - ACUTE CARE CONSULTANT, CAREGIVER COUNSELOR

#### BIO:

Pam Reese dedicated 25 years of her career to directing and developing clinical operations for the post- acute care industry. Pam was a partner and Chief Clinical Officer of a skilled nursing and rehabilitation company, building the clinical systems from the ground up and servicing thousands of patients and directing thousands of certified and professional clinical staff.

Pam's experience with the development of evidenced based clinical practices, educational modules for the caregivers, and the design of high efficiency skilled nursing facilities did not prepare Pam for the task of caring for her own mother with Alzheimer's.

Pam quickly identified with the long journey of caregiving for a loved one and realized the needs of the at home caregivers. Pam founded Quality Now, LLC, a company that's mission is to bring awareness to the at home caregiver, while offering education, support and solutions to the magnitude of challenges the caregiver encounters.

#### PRESENTATION TOPICS:

- 1. Who's caring for me while I care for you: You are not alone! Learn how to support yourself and make every day a little better than the day before.
- 2. Caring for Alzheimer's: Learn how to focus on what the Alzheimer's patient can do today and maintain that function for longer periods of time. Know the care paths relative to the Alzheimer's patient's capability, and how to apply them. Make caregiving a more pleasant experience that translates to a better life for the patient with Alzheimer's.
- **3.** I can no longer care for you, What do I do now: Learn your options and the in-depth realities of each of those options in order to make the best informed decisions.

### **BOOK:**

"Gigi, are you in there? Mia learns about Alzheimer's"

## **ARTICLES:**

"Why Alzheimer's care isn't working









